



National Seniors Australia  
Independent voice of the over 50s

# MONASH

BRANCH NEWSLETTER - ISSUE TWENTY EIGHT - FEBRUARY 2012

Branch meets at 1.15 for 1.30pm start on the 1<sup>st</sup> Wednesday of the month at the Community Centre, Miller Cres. Mt Waverley  
<http://www.nsamonash.blogspot.com>

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## President's Update

Happy New Year to you all.

I would like to commence the year by thanking and congratulating Jan for the fantastic Christmas Party that she organised last year. I would also like to thank all the businesses who contributed to our Party and helped to make it such a success. I ask our members to show their appreciation to our benefactors by supporting them throughout the year.

*Donors were:- Amcal Max, the Glen, Budget Eyewear, Cellarmasters, Dr Richard Willis, IGA Supermarket, K-mart, Liquorland, Priceline, Teppanyaki House, and Woolworths.*

We are looking forward to a bigger and better year this year and want to see a lot more of our members taking part in Branch Activities. Our wonderful convenors put a lot of effort into arranging activities for you and at times must wonder if the effort is worth it as so few members turn up. I estimate that only about 20% of our membership attend activities other than the general meeting each month. That is about 40 people. What are the rest of you doing as many of these 40 people attend multiple activities. Are we not catering for your needs and if not have you told a committee member or have you made any suggestions for alternative activities?

Our first meeting this year will be a celebration of Australia Day including special afternoon tea and a guest speaker.

Remember that this is your Branch and it is up to you to make it function as fully and as smoothly as possible. Please give this some thought and consider what contribution you, as an individual, can make. I believe that we are the largest Branch in Victoria so let us strive to make Monash the best Branch.

Des Harty

## SPEAKERS

### February

Keith Wehl will be our guest speaker for Feb.meeting, he will be speaking on Dementia & will be speaking on a broad range regarding same & how to deal with it as best we can.

### Special effort

The Raffle will be a regular feature of General Meetings.

The first will be at the February 2012 meeting.

Prize = \$50.00. Tickets are \$2.00 each or 3 for \$5.00.

## Membership Renewals

**BENEFIT YOUR BRANCH** - Renewing your membership ?? Do so through the Branch - we will get a small refund, called a 'Grapevine Credit' from Head Office. Contact Secretary Ray Little on 9702 6735 for details.

## Monash Branch Outings

[1] - Friday 24<sup>th</sup> February – Cape Nepean – cost to be advised.- approx. \$35.00 - \$40.00 pp.

Leave Mountain View Hotel car park 8.45 am – Arrive Point Nepean – 11.15 am – Join the train to Cape Nepean – return 1.00 pm – will lunch in Portsea – then to Arthurs Seat – then home.

[2] Wednesday – Wed 29<sup>th</sup> Feb. Tram boat Scenic Cruises - \$38.00 pp – The Gardens Tour – Essendon- Poynton's Nursery.

We will assemble at Southern Cross Station on the day – prior to walking to the embarking place – Victoria Harbour Docklands

## Combined Branches News [COBA]

The COBA Events start in April - Wednesday 18th April - Nagambie Winery

tour - Expected cost \$ 53.00pp

Leave 9.00am - Mt View Hotel car park - Morning Tea - on the way - then a wine tasting - then to Nagambie -for 2 course lunch at the Royal Mail Hotel

We will then have another wine-tasting - then should arrive home around 5.00pm.

## National Seniors News

**Free Lectures** at Block Court, Level 2, 290 Collins Street.

Book by phoning Block Court office on **9650 6144** (morning tea 9.45 am and lecture will commence at 10.15am.)

**Scammers- what are they up to now**

**More information on energy marketing, door to door salesmen.**

**Also how to be internet savvy- what about those social networking sites !**

**Presented by Debbie Moon from Consumer Affairs Victoria on Feb 28<sup>th</sup>**

## Best Wishes

**'Happy Birthday' to those celebrating in February**

[Especially if you have reached that particular time when you can start skiing.]

1<sup>st</sup> Ruby Templeton, 4<sup>th</sup> Faye Claxton, 5<sup>th</sup> Blair Feenghty, June McKenzie & John Marley, 9<sup>th</sup> Wal Winwood,  
13<sup>th</sup> Norma O'Conner & Margaret Skinner, 17<sup>th</sup> Pam Craddock, 19<sup>th</sup> Shirley Miller, 23 Shirley Fairbank, 27 Barbara Dyer &

Norma Flowerday with Pat Bain at No.14 spot on the 28<sup>th</sup>

**Not on the birthday list ?? – You need to complete a Monash Branch Membership Form – See Sue at the door.**

## 'Get Well Soon'

Sharon Lewis is recovering from her illness and Gwen Bladier is recovering from a sprained ankle.

These two ladies are the only sickies that we know of at the moment..

We wish Sharon and Gwen well and also all the other sickies that we do not know about.

If you know someone who is unwell please tell Ruby or President Des.

## MONASH GROUPS

### Luncheon

The luncheon meeting for 8th February will be at the Pancake Parlour Warrigal Rd Holmesglen, just under the freeway overpass. 12 noon.  
For bookings, talk to Ian at the meeting and put your name on the list.

### Dine Out

Dine Out on February 25<sup>th</sup> starting at 7.00 pm will be held at Infusion Restaurant and Bar at the Novotel Hotel, 285 Springvale Rd., Glen Waverley (Mel: 71 C2).

Fully licensed. Parking in general car parks

Good selection of food at prices on a par with restaurants of the same ilk. Table prizes assured.

for bookings phone Jan 9808 1838 or e-mail [jharty@ozonline.com.au](mailto:jharty@ozonline.com.au) or place your name on the list at the meeting.

### Fitness Group - every Mondays 1.30 -2.30pm

Mt Waverley Youth Centre (next door to the library). Cost is \$6.00. Bring a bottle of water and wear loose clothing..

Contact Ruby 9803 3674 or Ria 9803 7731.

### Friendship Fun and Cards

Next meeting - **Wednesday 15<sup>th</sup> February @ 1.00pm**. For a fun afternoon of crazy whist and a 'cuppa' join last month's winner, Jan Harty and all the regulars at Wadham House, 52 Wadham Pde. Mt Waverley.

No booking required and don't miss out if you need transport - please ring convenors Judy 9886 3909 or Gwen 98027026 to arrange to be picked up.

### Third Tuesday Films - Pinewood Shopping Centre

This year, to try to increase participation in our group, we will meet on the 3<sup>rd</sup> tuesday of the month, in the afternoon. This will give us a better choice of films, even during school holidays. I will advise on the sign in sheet, the movies that are available. Please put your name, phone No, and movie preference on this sheet to assist in selecting the most wanted movie. Ring Ria by the Friday before the 3<sup>rd</sup> Tuesday to find out the movie selected and also the time to meet at Pinewood. Lunch before or coffee afterwards can be arranged if desired.

Contact Ria on 9803 7731

### Monash Theatre Lovers

Sat 25 Feb Malvern Theatre Gala Supper Night.

7:45 29 Burke Rd Malvern East. Street Parking.

Play "MAN ALIVE" A department Store dummy comes alive and swaps places with the grumpy owner...

They both learn what it is to be human, and how to improve the business and relationships.

A fun night.....also supper after the show.... sandwiches, quiche,sausage rolls, cheese/fruit..and wine.

Pre show drinks, and tea/coffee /biscuits at interval....All INCLUDED IN THE \$25

Book and Pay Leonie ASAP deadline 20 Feb. leave message 9899 1990 e mail [leonietlc@y7mail.com](mailto:leonietlc@y7mail.com)

"LADY CHATTERLEYS' LOVER." being performed in the lovely grounds of Historical Ripponlea.

Short season. Date to be fixed. Mon-Thurs, A chance to see the play, view the gardens, and bring a picnic... under the stars..

Gates open at 7pm?.. Contact Leonie if interested.

ÁNNIE"" The musical is coming back to Melbourne. soon.... do you want me to reserve tickets?

Contact Leonie on 9899 1990 e mail [leonietlc@y7mail.com](mailto:leonietlc@y7mail.com)

### Investment Discussion & Arm Chair Travel

Meets at Wadham House, 52 Wadham Pde. Mt Waverley 10.00 am **Wednesday 22<sup>nd</sup> February**. If you would like to attend please phone Duncan, 9802 4134 for further information.

Investment discussion as usual; and

- 11-15 a.m. Life on a Cruise Ship - Sailing around New Zealand on - - - "Radiance of the Seas" (Royal Caribbean Line) and
- "Dawn Princess" (P. & O. Line)
- a joint showing by Duncan and Reg

### Walking Group

These easy strolls averaging approx. 3 klm. for about 1 hr on each Tuesday & Thursday at 10.30 AM.

Toilets & Tables at venue and Lunch is BYO - unless otherwise indicated

Please contact David Ogilvie on 0425 730 202 or, on Tuesdays, Ray Little on 0412 659 133

2 & 7 February @ 10 30AM - Ferndale Park, Glen Iris – Melways p60, A7

- Start/end at Pavilion off Glen Iris Rd.

9 & 14 February @ 10 30AM – Gardiners Creek Nth. - Melways 61 C4.

- Start/End at car park next to Bennettswood Bowls Club

on Station St.

16 & 21 February @ 10.30 AM - Valley Reserve- Ref– Melways p70, G2.

- "Monash on Foot" Walk 5. Start/End point at Car Park.

23 & 28 February @ 10.30 AM - Blackburn Lake - Melways p48

B11. • Start/End at car park at Central Rd.

1 & 6 March @ 10.30 AM - Dandenong Creek, Bayswater – Melways p64 F3.

- Start/End at Bayswater Park – off Mountain H'way east of railway line

[ East toward Kilsyth and return.]

### Book Exchange

Please keep the books circulating.'

Rudy says - "Bring one take two"

See Rudy in Foyer

## Activities Calender

### February

Feb	1st	General Meeting - 1.15 for 1.30 start
	2nd	Walking -
	6th	Fitness - 1.30pm
	7th	Walking-
	8th	Luncheon Group
	9th	Walking -
	13th	Fitness - 1.30pm
	14th	Walking
	15th	Committee Meet Cards- 1.00pm
	16th	Walking-
	20th	Fitness - 1.30pm
	21 <sup>st</sup>	Walking Film Group
	22 <sup>nd</sup>	Investment Group 10 am
	23rd	Walking
	25th	Dine Out- 7.00pm
	27 <sup>th</sup>	Fitness 1.30pm
	28 <sup>th</sup>	Walking

### March

Mar	1 <sup>st</sup>	Walking
	5 <sup>th</sup>	Fitness 1.30
	6 <sup>th</sup>	Walking
	7th	General Meeting 1.15pm
	8 <sup>th</sup>	Walking
	12th	Fitness
	13th	Walking
	14 <sup>th</sup>	Luncheon
	15 <sup>th</sup>	Walking 10.30 am
	19 <sup>th</sup>	Fitness 1.30
	20 <sup>th</sup>	Film Group
	21st	Committee Meeting
	22 <sup>nd</sup>	Walking
	24 <sup>th</sup>	Dine Out
	26 <sup>th</sup>	Fitness 1.30
	27 <sup>th</sup>	Walking
	28 <sup>th</sup>	Investment Group
	29 <sup>th</sup>	Walking

For further information about any of the contents of this newsletter or about the Monash Branch please contact-

President : Des Harty  
Secretary: Ray Little

9808 1838  
9702 6735

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[litlterg@bigpond.net.au](mailto:litlterg@bigpond.net.au)

Luncheon: Ian 9800 3254  
Film Group: Ria 9803 7731  
Friendship/Cards Group: Gwen 9802 7026  
and Judy 9886 3909  
Branch Membership: Sue 9894 8539  
Editor: [d\\_s\\_o@bigpond.net.au](mailto:d_s_o@bigpond.net.au)

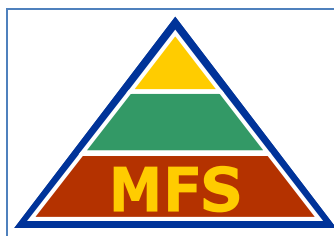
Dine Out: Jan 9808 1838  
Theatre Group: Leonie 9899 1990  
Investment Group: Duncan 9802 4134  
Fitness Group: Betty 9802 3713  
Walking Group: David 9894 8539  
Welfare: Ruby 9803 3674

National Seniors Victorian Office:  
National Seniors Australia:  
Zone 106 Sth Eastern and C.O.B.A Information :  
Monash Branch Website:

1300 76 50 50  
<http://www.nationalseniors.com.au>  
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<http://www.nsamonash.blogspot.com>

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*NSA Monash appreciates the support of Monash City Council in funding our meeting venues and the use of audio visual equipment*