



Camberwell Caperette

Vol. 6 No. 10

Cost – Priceless

November 2010

<p>Monthly newsletter of Camberwell & District NSA Branch Inc. A0046797B Next Meeting October 18th at 10.00 a.m.</p>	<p>Phyllis Hore Room Kew Library Cnr Cotham Road & Civic Drive Kew All NSA members friends & visitors welcome</p>
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Next Meetings:

- Thursday 18 November ó General Meeting our speaker will be Lotana Mokuku from Boroondara to tell us about the Care Services provided by the council.
- Thursday 4 November ó Committee Meeting and again on 2 December.
- Thursday 16 December ó Christmas Meeting and our speaker will be

A Word from our President Bev

With the approach of Christmas the choice of how we use our time becomes more of an issue. The interesting point I want to make is from a research report that I read which awoke me to the fact that whilst we assume that the provision of choice will foster freedom, empowerment and independence, too much variety can also paralyze us. This because indecision can cripple us and cause regret. The author of this study looked at a body of research into the cultural ideas surrounding choice. They found that among non-Western and working-class Westerners, freedom and choice were less important, or meant something quite different, than they did for university educated people. Whilst this was an American study, we in Australia are confronted on a day to day basis with a huge range of choices: what we believe; what we do; where we go; and what to wear. As seniors we have been reared with a strong sense of duty yet we can still be overwhelmed by the variety of choices we are required to make on a daily basis. In November, we will have Lotana Motuku from the Boroondara City telling us of her work coordinating the many Seniors groups and of the availability of the various services which the City offers us.

Over the past years we have had many interesting and educational speakers on a wide range of seniors issues. As a Branch we are functioning very well and in 2011 we hope to involve our Branch more in the choices we can make for a really happy and sociable time together. Warm regards Bev.

Events

Although the committee had ideas for an outing on the last Thursday in the months where there are five Thursdays it was thought that this period leading up to Christmas is busy enough (too many choices). Nothing is planned for Thursday the 25th Nov. and it is only the 4th Thursday. That said, the last 5 weeks have provided us with opportunities to get together. First there was the Hawthorn Town Hall event in Seniors week and then our very successful trip to Marysville (wasn't the weather great for us?) and last of all our Cup Day celebration at the Kew Nursery restaurant (see next page). Thanks to Brian (for Marysville) and to Lesley (Cup Day) for all they did to make those two events such a success.

No extra outings in November but the committee is planning a celebration, in our meeting on the 16th December, that you won't want to miss. Join us as we wind up our year of enjoying these times of sharing (and enlightenment?) together.

Goodbye from your erstwhile newsletter editor. With more than a little sadness this is my last edition. On Nov 24th, June & I take up residence at 116/100 Harold St Wantirna, a retirement village. We have greatly enjoyed the NSA friendship and hope to see you again from time to time.

Millionaire Hot Seat ó You can be part of history!

We received the following invitation from Channel 9 *“We here at Millionaire Hot Seat would like to continue to offer you and your seniors group, the chance to take part in the studio audience for Hot*

Seatö. If you want to be convinced of the treat in store for you just speak to Don (98334514) he has been twice already. öAs we will be moving away from Richmond later this year this could be your last chance to take part in a show at the historical Channel Nine Studios. We offer a free day out of entertainment, snacks, fun and we accept group and individual bookings.ö So what are the dates/times and how do I get to go? The Dates are Tuesdays 16th & 23rd and Monday 22nd November. They are only receiving bookings by email and ask you to simply email your **full name** & the **date** to: millionaireaudience@nine.com.au. If you aren't internet ösavvyö ask Don to book for you. Where? *Channel Nine Studios in Bendigo Street, Richmond from 1:00-5:30pm*. Be ready for *** Cash Prizes * Give Aways * Snacks provided ***

Caring Grandparents

Is this you?

National Seniors chief executive Michael O'Neill said that Queensland had taken a step in the right direction by having the first day set aside to honour Grandparents this Sunday 7 Nov. "Grandparents are a national treasure and deserve to be honoured and thanked for their contribution to the community on so many levels. Legal ambiguities mean that grandparents often have the day to day responsibility for caring for their grandchildren yet lack the authority to make significant decisions on their behalf. National Seniors is calling for the establishment of respite designed specifically for carer grandparents, a central point for grandparents to readily access information and support, plus measures that will address legal and financial obstacles."

An extract from the latest NSA web newsletter öConnectö

Our Recent Outings



On our way to M^oville =>>> Buxton Trout Farm



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